The Managed Care Solution



Today's Texas Medicaid Keeps Texans Healthy

As a result of Texas' transition to Medicaid managed care, millions of Texans—including children and pregnant moms—see improved outcomes and increased access to preventive and timely care. Managed care plans improved care coordination for Texans with complex medical needs, reducing hospital stays and ER visits. The focus on prevention, wellness, and care coordination—getting Texans the care they need to get healthy, stay healthy, and live in their communities—has translated into lower costs for Texas taxpayers.

> Texas has saved more than \$5 billion through the use of Medicaid managed care since 2009.

As a Result of Medicaid Managed Care:



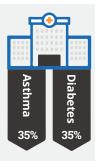
of expecting moms receive timely prenatal care¹

Prior to Medicaid managed care, less than 15% received timely care



of Texas children receive at least one doctor's visit a year¹

Prior to Medicaid managed care, less than 25% received recommended services



Reduced hospital stays and ER visits by keeping Texas families healther and out of the hospital²

Managed care significantly reduced hospital stays for expensive chronic diseases by 35%



decrease in the number of preventable emergency room visits since 2013³



Helps more older Texans and Texans with disabilities live independently in their own homes, reducing the need for nursing home stays



Reduced ER visits in STAR Kids by 6% in the first year of the program⁴

Managed care reduced preventable ER visits for children with disabilities and complex medical needs



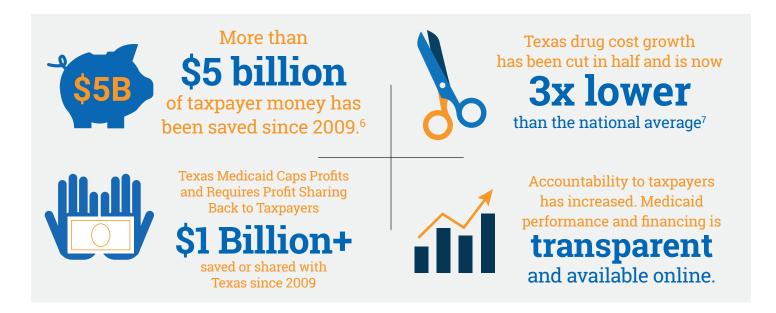
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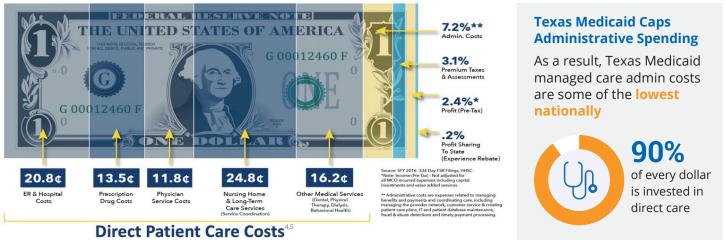
Today's Texas Medicaid Saves Taxpayers

As health care becomes more expensive in Texas and across the country, Texas Medicaid health plans have the important duty of keeping costs low for the state of Texas. Medicaid health plans are meeting that challenge head on, hiring the best doctors, negotiating the most affordable prices, and focusing on prevention and care coordination to avoid costly hospital stays and ER visits.

As a result, millions of Texans—including children, pregnant moms, older Texans, and Texans with disabilities—have seen improved outcomes, and Texas taxpayers have saved more than \$5 billion.



90% of Every Medicaid Dollar is Invested Directly in Patient Care



- HHSC, 2011 2016 Analysis of HEDIS.
- Comparisons of HHSC, EQRO Summary of Activities, State Fiscal Year 2002 and 2018. HHSC, Biannual Report on Initiatives to Reduce Avoidable Emergency Room Utilization and Improve Health Outcomes in Medicaid, 2022
- 4 HHSC, SFY 2016 334 Day FSR Filings.

- HHSC, EQRO Summary of Activities, State Fiscal Year 2018.
- HHSC, Rider 61: Evaluation of Texas Medicaid & CHIP Managed Care, 08/18.
- The National Bureau of Economic Research, A Dose of Managed Care: Controlling Drug Spending in Medicaid, 10/17.





