Centering® Healthcare Institute

Improving Health & Building Community through Centering® Groups

Agenda

- Overview of Centering Healthcare Institute and CenteringPregnancy
- Current Texas sites
- ☐ How can we partner?
- ☐ Questions?



Centering® Healthcare Institute

The mission of
Centering Healthcare Institute
is to improve health, transform
care, and disrupt inequitable
systems through the
Centering group model.



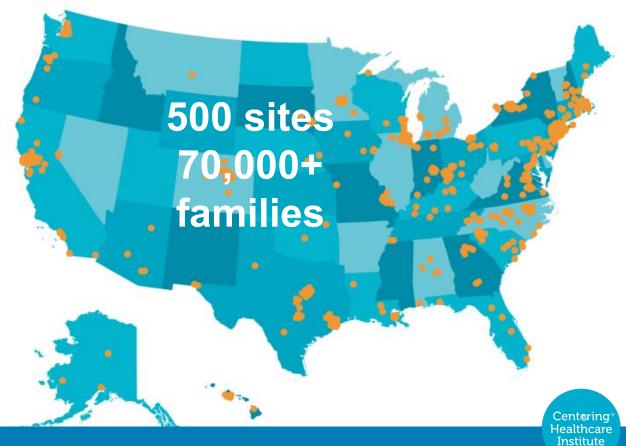


Centering is a patient-centered, evidence-based model of group care. Centering is a healthcare visit, but different...

- Centering® is an evidence-based, patient-centered framework for providing healthcare in a group format through CenteringPregnancy, CenteringParenting, and CenteringHealthcare.
- Clinical intervention implemented by healthcare providers that uses the healthcare visit as the touchpoint for engaging patients in their own care and connecting them to other patients and support services.
- Replaces individual appointments with group appointments, however individual appointments can always be used to supplement group appointments.
- Defined by a standard set of guiding principles referred to as the Essential Elements of Centering and adheres to quality and practice standards established by Centering Healthcare Institute.



Centering® Reach



Core Components of Centering®

HEALTH ASSESSMENT

Patients have one-to-one assessment time with their provider during each visit and learn to take their own vital signs which empowers them to participate in their own care.



INTERACTIVE LEARNING

Engaging activities and facilitated discussions help patients become more informed and confident in making healthy choices for themselves and their families.



COMMUNITY BUILDING

Patients find comfort in knowing they are not alone. Group visits lessen feelings of social isolation and stress while building friendships, community, and lasting support systems.



Centering® Healthcare Institute



CenteringPregnancy

CenteringPregnancy Schedule

Follows the recommended ACOG schedule of 10 prenatal visits

4 sessions, every 4 weeks	Weeks 16, 20, 24, 28
2 sessions every two weeks	Weeks 30, 32, 34, 36, 38, 40
Reunion visit (optional)	1-2 months postpartum



CENTERING® RESULTS IN MEDICAID SAVINGS WITH BETTER OUTCOMES¹



36%
REDUCTION
IN RISK OF
PRETERM BIRTH



44%
REDUCTION IN RISK OF LOW
BIRTH WEIGHT



28%
REDUCTION
IN RISK OF
NICU STAY

25 PATIENTS in Centering® eliminates one preterm birth

\$22,667

22 PATIENTS in Centering® eliminates one low birth weight baby

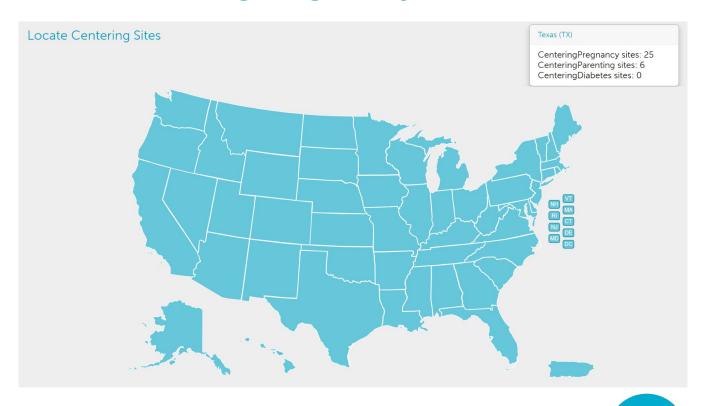
\$29,627

30 PATIENTS in Centering* eliminates one NICU visit

\$27,250



CenteringPregnancy Sites in Texas





Enhanced Payment Models Implementation for CenteringPregnancy in Texas

9.2.56.3.1 Group Clinical Visits for Pregnancy

Group clinical visits are benefits of Texas Medicaid for the management of the condition of pregnancy when submitted with procedure code 99078 and modifier TH, along with one of the following diagnosis codes:

Diagnosis Codes								
O0900	O0901	O0902	O0903	O0910	O0911	O0912	O0913	
O09211	O09212	O09213	O09219	O09291	O09292	O09293	O09299	
O0930	O0931	O0932	O0933	O0940	O0941	O0942	O0943	
O09511	O09512	O09513	O09519	O09521	O09522	O09523	O09529	
O09611	O09612	O09613	O09619	O09621	O09622	O09623	O09629	
O0970	O0971	O0972	O0973	O09811	O09812	O09813	O09819	
O09821	O09822	O09823	O09829	O09891	O09892	O09893	O09899	
O0990	O0991	O0992	O0993	O09A0	O09A1	O09A2	O09A3	
Z331	Z3400	Z3401	Z3402	Z3403	Z3480	Z3481	Z3482	
Z3483	Z3490	Z3491	Z3492	Z3493				

Providers are encouraged to provide a comprehensive curriculum or use materials from the Centering Pregnancy Program that will be incorporated into the educational portion of the group clinical visit.

- Additional billable rate of \$42.47 per patient, per session.
- Group clinical visits for the management of pregnancy are restricted to female clients who are 10 through 55 years of age and are limited to a maximum of 10 visits per 270 days for any provider.
- To be considered for reimbursement, procedure code 99078 with modifier TH must be billed for the same date of service by the same provider as E/M procedure code 99211, 99212, 99213, 99214, or 99215 with modifier TH.



How can we partner?

- Contact us for a more detailed presentation to your organization.
- ☐ Share with your OB providers that CenteringPregnancy group prenatal care in Texas will qualify for higher billing rates under updated codes released by the Texas Department of Medicaid.
- ☐ Update the MCO Provider Manuals with this new group prenatal care information.
- □ Help us share this information out to your members.
- Contact us for billing and coding support.
- Share utilization of group prenatal care code data with us.
- Collaboration with us to share YOUR maternal health resources to our Centering sites and patients.

Questions?

Contact us:

Chiquita Brake, RHIT, CPC, AHIMA Approved ICD-10 Trainer Billing and Coding Manager cbrake@centeringhealthcare.org

Mahak Kalra, MPH
National Director of Policy
Mkalra@Centeringhealthcare.org

