

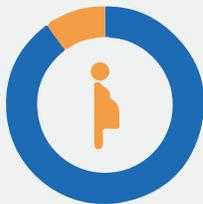
# The Managed Care Difference

## Today's Texas Medicaid Keeps Texans Healthy

As a result of Texas' transition to Medicaid managed care, millions of Texans—including children and pregnant moms—see improved outcomes and increased access to preventive and timely care. Managed care plans improved care coordination for Texans with complex medical needs, reducing hospital stays and ER visits. The focus on prevention, wellness, and care coordination—getting Texans the care they need to get healthy, stay healthy, and live in their communities—has translated into lower costs for Texas taxpayers.

**Texas has saved more than \$5 billion through the use of Medicaid managed care since 2009.**

## As a Result of Medicaid Managed Care:



**90%**

of expecting moms receive timely prenatal care<sup>1</sup>

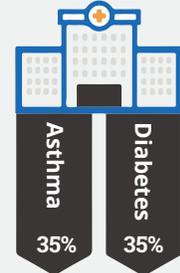
Prior to Medicaid managed care, **less than 15% received timely care**



**90%**

of Texas children receive at least one doctor's visit a year<sup>1</sup>

Prior to Medicaid managed care, **less than 25% received recommended services**



Reduced hospital stays and ER visits by keeping Texas families healthier and out of the hospital<sup>2</sup>

Managed care significantly reduced hospital stays for expensive chronic diseases by 35%



**16%**

decrease in the number of preventable emergency room visits since 2013<sup>3</sup>



Helps more older Texans and Texans with disabilities live independently in their own homes, reducing the need for nursing home stays



Reduced ER visits in STAR Kids by 6% in the first year of the program<sup>4</sup>

Managed care reduced preventable ER visits for children with disabilities and complex medical needs

# 6 Recommendations to Advance Managed Care Success

1

**Allow managed care plans to permanently assist with eligibility through the Case Assistance Affiliates (CAA) program.**

The CAA program allows Medicaid MCOs to assist millions of Texas families with updating passwords and uploading eligibility documents, reducing administrative burden for HHSC and giving families access to trusted sources for help.

2

**Expand Medicaid texting options to allow Medicaid MCOs to easily communicate with families.**

Expanding texting options, as 21 other states already do, would make it simpler for Medicaid families to stay connected with their healthcare providers and stay informed about their coverage, improving access to healthcare for families across the state.

3

**Transition remaining services and processes into managed care, and oppose attempts to decrease flexibility, suppress innovation or endanger stability and efficiency in the Medicaid managed care program.**

Finding a balance between necessary regulation and the freedom to implement innovative solutions is crucial to maintain innovation and provide high-quality services and cost-saving measures in Medicaid.

4

**Oppose any further delays in the Medicaid Prescription Drug List (PDL) carve-in.**

Allowing MCOs to fully manage the PDL would improve patient care, save taxpayer dollars, and modernize the Medicaid system. Further delays will harm health outcomes, access to prescription drugs, and efforts to improve patient outcomes, as well as significantly increase Medicaid costs.

5

**Cover the full continuum of mental health benefits in Medicaid.**

This will improve access to care and prevent the need for more intensive, costly hospital-based treatment. Texas Medicaid only covers the extremes of mental health—therapy or inpatient hospitalization, and does not consistently offer other mental health services, such as home and community-based care.

6

**Allow coverage options that address non-medical drivers of health and incentivize managed care investment through the existing rate setting processes.**

Food insecurity, social isolation, inadequate housing, and lack of transportation can impact as much as 80% of health outcomes and drive up health care costs.

1 Comparisons of HHSC, EQRO Summary of Activities, State Fiscal Year 2002 and 2018.

2 HHSC, 2011 - 2016 Analysis of HEDIS.

3 HHSC, Biannual Report on Initiatives to Reduce Avoidable Emergency Room Utilization and Improve Health Outcomes in Medicaid, 2022.

4 HHSC, SFY 2016 - 334 Day FSR Filings.